Scientific name: Irvingia gabonensis (Aubry-Lecomte ex O'Rorke) Baill.

Family: Irvingiaceae.

Distribuiton/conservation status: widely distributed and relatively common in moist lowland rainforest, also occurring in semi-deciduous forest, especially in association with human habitation. Near-threatened (NT) due to forest clearance and degradation, and poor natural regeneration.

Common names: Bush mango, dika nut (English), Ogbono (Igbo), Oro, Oyin (Yoruba), Ogwe, Ohere (Edo)

Fruits/seeds: ovoid, green and sweet-smelling when ripe, with orange juicy pulp containing one seed.

Fruiting time: July – August.

Seed collection: collect fruits from under the parent tree and bury in sawdust for 5 – 7 days. This softens the fruits, making it easier to separate seeds from pulp.

Type of seed: recalcitrant.

Sowing method: sow seeds individually in pots at a depth of 3 – 4cm.

Sowing medium: cured sawdust or topsoil from under the parent tree.

Germination period: 14 days.

Germination percentage: 65 – 70%.

Growth/development: seedlings require complete shade for optimum growth and can be planted out 8 weeks after germination. Trees begin to fruit when c. 4 years old.

Notes: protect seeds and seedlings from rodents.