Scientific name: *Monodora tenuifolia* Benth.

**Family:** Annonaceae.

**Distribution/conservation status:** widespread in evergreen and semi-deciduous, and forest margins as far north as Niger and Kaduna. Not assessed by the IUCN Red List.

**Common names:** African nutmeg (English), Ehuru ofia (Igbo), Lakosin, Ehinawosin (Yoruba), Uyenghen (Edo).

**Fruit/seeds:** large, smooth, globose, green with pale spots, turning orange-yellow when ripe, containing numerous brown, pea-sized, aromatic seeds in fibrous, sticky pulp.

**Fruiting time:** May – August.

**Seed collection:** collect ripe fruits from the tree; cut open with a knife to remove seeds, washing in water to remove pulp.

**Type of seed:** orthodox.

**Sowing method:** sow seeds in trays or pots at a depth of 2cm.

**Sowing medium:** topsoil.

**Germination period:** 21 – 30 days.

**Germination percentage:** 57%.

**Growth/development:** seedlings require shade and growth is quite slow; they can be planted out 12 weeks after germination and tolerate full sun if acclimatised to higher light levels.

**Notes:** small deciduous tree adapts well to cultivation as an ornamental.